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VR Essay

Virtual Reality has been the biggest thing in the tech world since the making of computers. It gives the ability to drown it's users in a virtual and safe world. When one thinks of VR uses they normally think of gaming but the potential of VR doesn't stop there. All branches of military services use VR to help train a trainee into numerous situations, places and environments before under going in real life battle. Using VR gives the trainee the experience of real war without leaving the training grounds. It also helps with costs in training. Using VR in mental health has also had a big impact in society. It has became a primary method for treating post traumatic stress. Using this in therapy gives the person a reenactment of a traumatic event in an attempt to come to terms with the event and heal. With that bing said it is also used to treat anxiety, phobias and depression. With the impact Vr has it is even used in education. Students are able to interact with each other and within a three dimensional environment. Also to help cost in schools it is used to go on virtual field trips. From museums, taking tours of the solar system and going back in time to different eras. VR is very beneficial for students with special needs such as autism. It gives a motivating to safely practice social skills for children, including those with Autism Spectrum Disorders. With the list of industries where VR is very beneficial, there's no telling how good of an impact VR has made in society. It may not cure illnesses but it helps many reach a milestone where it is difficult for one to reach without it.